

The Newport **Navalog**

VOL. 110 NO. 26 JULY 1, 2011

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Navy Band Northeast's Brass Quintet, with the Naval War College color guard in the background, plays the National Anthem at opening ceremonies Tuesday night for the Newport Gulls baseball game against Team USA at Cardines Field. The teams are in the New England Collegiate Baseball League.

R.K. Alexander/U.S. navy photo



Don't feed the coyotes

Naval Station Newport personnel are reminded to never feed the coyotes as their population is directly related to food sources.

—Page 2



Ney Hall wins accreditation

Naval Station Newport's Ney Hall galley receives Commander Navy Region Mid-Atlantic's 'Five Star' Accreditation in Food Service.

—Page 4



Birthday Ball needs a theme

The Navy birthday may be in October but a contest is underway to select a theme for the 2011 Navy Birthday Ball at the Officers' Club.

—Page 8



Navalog file photo

DON'T FEED THE COYOTES! Commanding Officer, Naval Station Newport, has once again directed all personnel to refrain from feeding the wild coyote packs, or newborn pups.

Coyotes thriving on food handouts

EDITOR'S NOTE: Overview provided by the Narragansett Bay Coyote Study.

The Narragansett Bay Coyote Study (NBCS) has been tracking coyotes fitted with GPS collars on Aquidneck Island and Jamestown for over five years. The study has shown coyotes live in areas where they are directly or indirectly fed by people and increase in numbers.

NBCS research has also found that individual coyotes can range over the whole island - coyotes born in Portsmouth flow into any voids in Newport - and vice-

versa. The Navy has supported this initiative since its inception and continues to help track coyotes at Naval Station Newport and develop educational materials. NBCS devised a 10-step plan to coexist with Coyotes, some of their recommendations that may pertain to Naval Station Newport personnel follow.

Free roaming, outdoor and feral cats provide food to coyotes. Coyotes are attracted to and eat both the cat food left out for cats and the cats themselves, in an effort to protect both the coyotes and your cats - do not leave pet food outside.

Policies for normal vs. problem coyotes:

In general "normal" coyotes are not a problem if communities understand how to live with them. In an ideal situation, coyotes are sustained entirely by natural resources (mice, voles, rabbits, geese, deer, etc.) and do NOT rely on humans for food. As long as these coyotes are not aggressive towards humans or preying on livestock, it is advisable to leave them alone.

In some cases, individual coyotes become bold in general because they have been fed by people. Feeding caus-

es coyotes to lose their natural fear of humans and they become "problem" animals. Coexistence is not an option with individual coyotes that are aggressive, threatening or unafraid of people. These coyotes must be euthanized.

PLEASE - DON'T FEED THE ANIMALS.

For more information on the NBCS go to: www.theconservationagency.org/coyote.htm If you need to report an aggressive animal on board NAVSTA, contact Pest Control at 841-4487. Off-base - contact the respective animal control officer within your community.

Surface warriors mark Destroyer School's 50th

The Surface Navy community will commemorate the 50th anniversary of the establishment of the Naval Destroyer School in Newport during a yearlong celebration starting today through June 30, 2012.

The Naval Destroyer School was established on Coasters' Harbor Island on July 1, 1961, and graduated its first class on July 6, 1962. A new school house facility, Weakley Hall, was dedicated June 19, 1970. The Destroyer School was subsequently renamed the Surface Warfare Officers School Command in Sept. 1970.

A gubernatorial proclamation, signed by R.I. Gov. Lincoln Chafee on June 16, proclaimed today, July 1, as Surface Warfare Officers School Day in Rhode Island.

The proclamation recognizes the importance of the U.S. Naval Destroyer School, envisioned by Adm. Arleigh Burke in the years after World War II, and brought to fruition under the leadership of Adm. Charles Weakley, in order "to improve combat readiness and tactical knowledge for junior Naval officers on all

ships."

A proclamation from the city of Newport, signed by Mayor Stephen Waluk, also will declare today, July 1, 2011, as Surface Warfare Officers School Day.

The formal celebration will be kicked off July 14 in conjunction with the graduation of Department Head Class 212 at the Surface Warfare Officers School (SWOS).

A reception for students and guests will follow. Vice

Adm. Richard W. Hunt, Commander, Naval Surface Forces, is the scheduled guest speaker. Rear Adm. John N. Christenson, president of the Naval War College, and a former commanding officer of SWOS, will attend as well as previous SWOS commanding officers.

"We are kicking off this year long celebration in conjunction with a department head graduation, because that is what the mission of the original school was about," said Capt. Neil Parrott, Commanding Officer, SWOS. "We'll have one particular observance event once each month during the coming year," he said.



Visiting ship for Bristol switched to USS Ponce

BRISTOL — The amphibious transport dock USS Ponce (LPD 15) of Norfolk, Va., will replace the landing ship dock USS Oak Hill (LSD 51) as the guest visiting ship for the Fourth of July celebration in Bristol, Fleet Forces Command announced Tuesday.

The 570-foot Austin Class ship should pass through the East Passage sometime this morning. Naval Station Newport learned earlier this week that the USS Oak Hill will be diverted to Boston for Navy Week, June 30-July 7.

The USS Ponce will moor south of Bristol Harbor. A contingent of crewmen and Cmdr. Cole Hayes, commanding officer, will form a marching unit for the 226th Civic, Military and Firemen's Parade on July 4 at 10:30 a.m.



USS Ponce (LPD 15), an amphibious transport dock, is shown in Navy file photo.

Navalog

Capt. Joseph P. Voboril

Commanding Officer, Naval Station Newport

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Quick take



Name: Boatswain's Mate 2nd Class Richard Flayer
Job title: Dock Master
Command/Department: Naval Station Newport Port Operations
Home town: Neshanic Station, N.J.
Most memorable career event: Becoming a boatswain's mate
Favorite duty station: Yokosuka, Japan
Role model(s): Dad
Free time activities: Weights, running, rock climbing, swimming, fishing.
Favorite book: Stanley Karnow, *Vietnam*.
Favorite movie: *Hangover*
Favorite TV show: N/A
Favorite sport: Ultimate Frisbee
Favorite team: N/A
Favorite local restaurant: Brick Alley Pub, Tickets, The Pier.
Favorite quote, motto or phrase: Be proactive, not reactive.
Long-term goal in life: Have a house in the Virgin Islands.
If you could, what one thing would you add to NAVSTA Newport: I would add a bigger Navy Exchange.

Naval Station joins Feds Feed Families

Commander, Navy Installations Command, in partnership with the Department of Defense, has joined the nationwide effort known as "Feds Feed Families," a federal food drive campaign.

"We are moving forward as a team doing what we can to help others," said Chaplain (Capt.) James Fisher, CNIC Chaplain Corps, Director, Strategic Plans and Programming.

'American families should never have to go hungry.'

— John Berry
 Director, Office of Personnel Management

Onboard Naval Station Newport, the Chapel of Hope will be collecting food at five different locations through Aug. 30. Individuals are encouraged to drop off their non-perishable food items at either the Commissary; Chapel of Hope; Naval Exchange (main store); Naval Exchange Mini-Mart at Greene Lane or in the Building 690 Atrium (NAVSTA Command building).

"Members of the U.S. Navy have always responded in a time of need or crisis. Chaplains and religious program specialists, by their very profession and calling, are individuals who have great sensitivity for the needs of other people in times of need or crisis," said Chaplain Fisher. The federal goal is to collect 2 million pounds of food, with Department of Defense setting a collection goal of 733,800 pounds of food distributed to local food banks worldwide.

Food banks are most in need

of donations during the summer months, when other donations are traditionally lower. Last year, Feds Feed Families raised 1.7 million pounds of food during the summer months, far exceeding its goal of 1.2 million pounds.

Feds Feed Families is an Office of Personnel Management (OPM) initiative which has requested DoD support during its third annual

campaign due to the impact of a series of natural disasters on our nation which have depleted charitable resources in response to significant demand signals.

"American families should never have to go hungry," said OPM Director John Berry. "Federal workers are big-hearted people who are eager to help those in their communities who need it most. Together, we hope to collect 2 million pounds of food nationwide this summer."

This year's theme is "Feeding Families one Fed at a Time." This initiative is a response to the "United We Serve Act," signed by President Obama in April 2009, calling for all Americans to contribute to the nation's economic recovery by serving their communities.

For information about this program locally, contact Chaplain (Lt.) Jonathan Henderson, NAVSTA deputy command chaplain, at 841-2234.

The Aft Lookout:

First Enlisted WAVE on Station



MABEL T. BOGART, PhM3/c

First enlisted WAVE to arrive aboard at Newport NTS is Mabel T. Bogart, PhM3/c, technician at Medical, Unit I. She's the girl you've seen in Barracks "B" mess hall each noon with an accompanying convoy of corpsmen.

Miss Bogart is an Electroencephalographic technician—which, to you, means she operates equipment that registers brain wave reactions.

First enlisted WAVE at Newport Naval Training Station (NTS) was PhM 3rd Class Mabel T. Bogart, an electroencephalographic technician. She enlisted in the Navy in October 1943 and received her recruit training at Hunter College, New York, prior to reporting to Newport in February 1944.

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Bravo zulu



Greg Kohlweiss/U.S. Navy photo

Lt. j.g. Catherine Lim, food service officer, and her staff at Ney Hall galley pose with their plaque for attaining Commander Navy Region Mid-Atlantic 'Five Star' Accreditation in Food Service for Fiscal 2011/2012. It was presented last week.

Galley collects fourth 'Five Star' award

Capt. Joseph Voboril, Commanding Officer, Naval Station Newport, presented the Commander Navy Region Mid-Atlantic's "Five Star" Accreditation in Food Service for fiscal 2011/2012 plaque to the staff of Ney Hall galley on June 21.

This is the fourth time since 2001 that Ney Hall has been awarded the "Five

Star" award, which qualifies them to represent MID-LANT in the prestigious Navy-wide Ney Awards.

As part of the competition, the galley was inspected by a team of judges who evaluated operations, sanitation, equipment, food preparation, administration and storage. Ney Hall was one of 21 galleys who participated in the inspection.

The "Five Star" accreditation is the top award given to a galley.

Ney Hall is Navy Region Mid-Atlantic's busiest shore installation galley serving more than 2,150 meals daily to staff/student officers, officer candidates and enlisted personnel throughout the installation.

NAVSTA Newport is the Navy's Center of Excellence

for Officer and Senior Enlisted Education and Training and is home to such commands as the Naval War College, Surface Warfare Officers School Command, Officer Training Command Newport, Naval Justice School and the Naval Academy Preparatory School to name a few of the prestigious facilities onboard the installation.

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Balfour Beatty awards scholarship



Kate Pomert, Balfour Beatty assistant community manager for Fort Adams, presents the Balfour Beatty Communities Foundation \$2,500 scholarship for the 2011-2012 academic year to Nathan Dennis.

Balfour Beatty Communities Foundation on June 20 awarded Nathan Dennis, son of Cmdr. Christopher and Sharyn Dennis of 9 Jackson Court, Fort Adams Community housing, a \$2,500 scholarship for the 2011-2012 academic year.

Cmdr. Dennis is on staff at the Naval War College.

"We are extremely proud of Nathan, said Linda Miller, community manager for Balfour Beatty Communities, "and so pleased that a resident from our community was one of the applicants chosen and that we played a small part in helping him reach his educational goal."

Dennis, who was graduated from high school in Florida last month, was one of 23 students awarded a scholarship from all those

who applied from the 43 installations that Balfour Beatty Communities serve.

The Foundation noted his exceptional credentials and well written essay as worthy of the scholarship for the upcoming academic year.

One of the goals of Balfour Beatty Communities Foundation is to provide financial support to the children of military families who reside in one of its communities in the form of scholarships that promote the pursuit of education on an annual basis.

The other goals of this 501(c)(3) non-profit organization includes the establishment of places for communal gathering and reflection on the unselfish contributions military members make for all.



LS1 John Stone (SCW)/U.S. Navy Photo

Dean Robert Rubel, left, of the Center for Naval Warfare Studies (CNWS) presents Chief Legalman Harrold Henck with a commendation from the Naval War College President, Rear Adm. John Christenson, for his work with the college's International Law Department. Chief Henck provided support this year for two of the department's international law conferences and also served as primary editor for the latest revision of *The Commander's Handbook on the Law of Naval Operations*.

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Bravo zulu

Combat vet's best friend is shepherd Charlie Zino

By **CHRIS HAYWARD**

Past Commander, Portsmouth
American Legion

FORT DRUM, N.Y.—Combat wounded veteran Pfc. Steve Frye of Newport attended a memorial service on June 23 at the 10th Mountain Division at Fort Drum, along with his recently issued service dog.

The balance walker/Post Traumatic Stress Disorder (PTSD) certified service dog, Charlie Zino was named in honor of the late Sgt. Michael F. Paranzino, a lifelong resident of Middletown, R.I., who was killed in action in Afghanistan in November 2010. Sgt. Paranzino's family also attended the ceremony.

The 4-year-old German shepherd was officially presented to Frye, 28, by Army Vietnam veteran and canine trainer Cynthia Kindell last Tuesday during pre-game ceremonies at the 32nd annual Armed Services Night at McCoy Stadium in Pawtucket, R.I.

Many of Sgt. Paranzino's family members and fellow soldiers from his unit attended the presentation.

Frye, chief executive officer of USA Battle Buddies, and Cynthia Kindell are



German shepherd Charlie Zino, a balance walker/Post Traumatic Stress Disorder (PTSD) certified service dog, poses at Fort Drum, N.Y. He was officially presented to combat wounded veteran Pfc. Steve Frye of Newport at the 32nd annual Armed Services Night at McCoy Stadium.

members of Portsmouth American Legion Post 18 and other veterans service organizations.

A growing number of veterans with PTSD are turning to an alternative therapy: psychiatric service dogs.

Like guide dogs for the blind, psychiatric service dogs aid people with men-

tal illnesses, from anxiety disorder to bipolar disorder to PTSD. The dogs are trained to know when their owners are depressed or having a panic attack, for example, and the animals might calm them down by curling up in their lap or giving a nudge.

Van Beuren Chair holder selected

By **BRIE LYONS**

NWC Public Affairs Staff

The Naval War College (NWC) held an event to introduce Professor Toshi Yoshihara as the inaugural holder of the John A. van Beuren Chair of Asia-Pacific Studies, on June 16.

Hosted by Rear Adm. John N. Christenson, president of the college, the



Yoshihara

Foundation and the gen-

event acknowledged the establishment of the chair in November 2010 through the support of the Naval War College Foundation and the generosity of the van Beuren Charitable Foundation, Inc. The van Beuren Charitable Foundation, Inc., founded by John A. and Hope H. van Beuren, is a family-based philanthropy dedicated to protecting and preserving the unique characteristics of Newport County and improving the quality of life for its residents.

YOSHIHARA, Page 14

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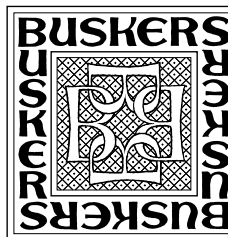
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Special events

July 4th parade in Bristol

BRISTOL – The annual Bristol Fourth of July Parade, the highlight of the oldest continuous Independence Day celebration in the country, will be Monday, July 4, at 10:30 a.m.

The 226th annual Civic, Military and Firemen's Parade starts at Hope Street and ends at High Street.

Navy participation in this year's parade will include, Rear Adm. Robert Wray Jr., Deputy Commander, Military Sealift Command, as the marshal of the Navy Division, plus Navy Band Northeast's marching band, a Naval War College color guard, a U.S. Marine Corps Detachment Newport color guard; a marching unit from the Officer Candidate School, Officer Training Command Newport; and members of the crew of the visiting ship USS Ponce (LPD 15)

Let's Celebrate America

Naval Station (NAVSTA) Newport will host the first of two summer concerts on Dewey Field on Saturday, July 16. Gate 1 opens to the general public at 4 p.m. Opening act will be Wayz N Means and the feature act will be the Navy Band Northeast playing a variety of patriotic and contemporary music.

This is a free concert open to the public and will offer concessions and a kids' area.

Patrons with DoD decals can use either Gate 17 or 1 for entry into NAVSTA. Coolers, backpacks, glass bottles, pets, outside food/drink are not allowed at this event.

Call (401) 841-3127 for information.

Black Ships Festival returns

The Japan-America Society and Black Ships Festival of Rhode Island will hold the 28th annual Black Ships Festival, Newport, Thursday through Sunday, July 14 to 17.

The event is held in honor of Newport native son Commodore Matthew C. Perry's historic achievements in opening trade agreements between the United States and Japan.

Navy Band Northeast will perform July 14 at 6 p.m. at Long Wharf Mall.

Opening ceremonies July 15 will be held at Touro Park on Bellevue Avenue and Navy representatives will participate.

This year also celebrates the 53rd anniversary of the sister city relationship between Newport and Shimoda, Japan, also remembering the tragic earthquake and tsunami earlier this spring.

For information go to www.blackshipsfestival.com for the event schedule.

LaFayette Band concert

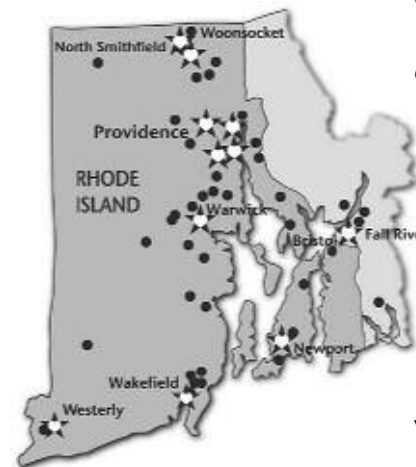
NORTH KINGSTOWN — The Lafayette Band continues its free 2011 summer concert series.

There will be six free outdoor concerts open to the public. Special guest artists will include the popular Hummingbird vocal trio on July 4 and the North Kingstown Community Chorus on July 27.

For more information about the band and the summer concerts, visit the Lafayette Band's web site at www.Lafayette-Band.com or call (401) 295-4366.



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Announcements

Navy Band on road

Navy Band Northeast's Pops Ensemble and Northeast Navy Showband will perform at Bryant University's Independence Day celebration in Smithfield, tonight at 7.

On Saturday, July 2, NBNE's marching band will march in the Pepperell Fourth of July Parade in Pepperell, Mass., at 12:30 p.m.

Also July 2, NBNE's Rhode Island Sound will perform at Quincy Market's Faneuil Hall in Boston at noon.

On Monday, July 4, the marching band will march in the 226th Bristol Fourth of July Parade at 10:30 a.m.

Fort Adams concert

The Air National Guard Band of the Northeast will present a free public "American We" concert at the Fort Adams State Park tonight at 5:30 p.m. For information, log on to www.bandofthenortheast.ang.af.mil

Music and fish fry

All hands are welcome to join the Morale, Welfare and Recreation Dept. for the Summer Concert Series on the Officers' Club deck every Friday night, weather permitting, at 5:30 p.m.

Fresh seafood also will be featured for "Fish Fry-Days."

Tonight's entertainment is George Zecher, steel drum band.

King Park concerts

The fifth annual Newport Independent Music Festival (NIMFest) concert series at King Park, Wellington Avenue, continues through Sunday, Sept. 11. These free concerts are presented by the City of Newport on summer Sundays in the park gazebo from 3 to 6 p.m.

Folding chairs or blankets are suggested. Scheduled this Sunday are Slippery Sneakers, a zydeco band.

For more information go to <http://www.cityofnewport.com> or <http://www.nimfest.com>.

College reps here

Representatives of several universities and colleges will staff information tables at Naval Station Newport's command headquarters, Building 690, on Wednesday, July 6, from 10 a.m. to 2 p.m.

The following institutions will be represented: Coastline Community College, Excelsior College, Jones



Navalog file photo

ARE YOU FEELING CREATIVE? The Newport Navy Ball Committee is looking for suggestions this year's Navy Ball theme. The Navy Ball will be held on Oct. 22 from 6 p.m. to midnight at the Officers' Club. Themes should reflect naval history; naval priorities; accomplishments or include a nautical connection to the Navy in Newport. If your suggestion is selected, you will receive two free tickets to this year's Navy Ball. Send your suggestions, with contact information, to: NavyballNewport2011@gmail.com before July 15 to be considered.

International, University of New Haven, University of Phoenix, Roger Williams University, Southern Illinois University, Salve Regina University and Thomas Edison State College.

Call 841-6198 for information.

Legion meeting set

PORTSMOUTH — Portsmouth American Legion will meet at the VFW Hall on Common Fence Point, 822 Anthony Road, on Wednesday, July 6, 7 p.m. For more information visit www.americanlegionpost18ri.homestead.com

Unit 18 will host a "Meet and Greet" at the Ramada Inn at 425 East Main Road, Middletown, Saturday, July 9, 10 a.m. For information, email, ripost18legion@aol.com

MWR Car Show

Naval Station Newport welcomes the general public to the third annual Morale, Welfare and Recreation Car Show on July 9 at 9 a.m. Judging will be 11 a.m. to 1 p.m., with award presentations from 1 to 2 p.m.

Entry fee is \$10 per car to participate and registration is from 9 to 11 a.m.

This event will take place rain or shine. All makes and models of vehicles are invited. There will be concessions available and a Kids Zone (\$2 admission charge) plus inflatable bouncies, face painting and more.

NAACP ceremony

PORTSMOUTH — The Newport County Branch of the National Association for the Advancement of Colored People (NAACP) will have its annual wreath laying ceremony at Patriots Park, on Monday, July 4, at 9 a.m. The monument is at the intersection of Routes 114 and 24.

The ceremony honors members of the First Rhode Island Regiment, also known as "The Black Regiment," which fought in the Battle of Rhode Island on Aug. 29, 1778, a crucial battle of the Revolutionary War, helping to ensure America's Independence.

The guest speaker will be retired Army Maj. Marvin L. Abney, and the Rev. Walter Smothers, pastor of the Community Baptist Church, Newport, will deliver the invocation and benediction.

For additional information, call Newport County NAACP, 847-5570.

Commissary holiday hours

The Newport Commissary has posted its hours of operation for the Fourth of July holiday.

The store will be open regular hours, today 9 a.m. to 7 p.m., Saturday and Sunday, 9 a.m. to 6 p.m., and closed Monday, July 4. The store is open Tuesday.

NEX reduces hours July 4

The Navy Exchange (NEX) has posted hours of operation for the Fourth of July holiday. The store will be open regular hours today through Sunday, 9 a.m. to 7 p.m. NEX will have reduced hours Monday, July 4, open 9 a.m. to 6 p.m., at all locations except the Uniform Shop which will be open from 9 a.m. to 2 p.m. King Hall and NWC bookstore are closed.

MWR posts holiday hours

Morale, Welfare and Recreation Dept. has announced July 4 holiday hours of operation.

The following MWR facilities will have revised hours:

Gym 109, 9 a.m. to 5 p.m.; Leisure Bay, 8 a.m. to 6 p.m.; Seaview Lanes Bowling Center, noon to 6 p.m.; Enlisted Club, noon to 6 p.m.; Liberty Center, noon to 6 p.m., and NAVSTA Marina, 8 a.m. until a half an hour before sunset.

The following will be closed: The John F. Kennedy Child Development Center, School Age Care, Teen Center, MWR Administrative Offices, Auto Skills Center, Clinic Café, Information, Tickets & Travel Office, Hewitt Hall Café, Vet Clinic, Outdoor Recreation Rental, Pool 307 and Officers' Club.

The Chief Petty Officers' Club will be closed from Sunday, July 3, to Tuesday, July 5.



NHCNE posts holiday hours

Naval Health Clinic New England (NHCNE) will be closed Sunday as usual and Monday for the Fourth of July holiday. (The clinic is open on Saturday from 8 to 4 p.m.)

NHCNE will resume business as usual on Tuesday, July 5, from 7:30 a.m. to 6 p.m. For appointments call 1-888-628-9633.

Pharmacy hours of operation on Saturdays are 8 a.m. to 4 p.m. for refill pickup and new prescriptions for clinic patients only.

July 4th fireworks offered

The following is a list of local firework displays throughout the area beginning tomorrow evening, July 2:

July 2: Jamestown, Mackerel Cove Beach, beginning at sundown.

July 3: Bristol, Bristol Harbor, beginning at 9:30 p.m.

July 4: North Kingstown, Town Beach, Beach Street, beginning at 9 p.m.; Newport, Newport Harbor, beginning at 9:15 p.m.; South Kingstown/Wakefield, Old Mountain Field, 875 Kingstown Road, live entertainment and food at 5:30 p.m. followed by fireworks at 9 p.m.



MCCS(SW/AW) Melissa F. Weatherspoon/U.S. Navy photo

Mike Perkins, Norfolk Naval Shipyard Lean Six Sigma College instructor, wraps up weeklong green belt training held at the Center for Service Support (CSS) June 20-24. Personnel from CSS, Navy Supply Corps School and the Surface Warfare Officers School attended the training.

Norfolk team teaches streamlined workflow

CSS Public Affairs Office

A training team from Norfolk Naval Shipyard's (NNSY) Lean Six Sigma College held green belt training at the Center for Service Support (CSS) June 20-24 for members of CSS, Navy Supply Corps School and the Surface Warfare Officers School.

NNSY established the Lean Six Sigma College in 1999 to train personnel in streamlining work processes and eliminating unnecessary waste. Today, this training has grown from instructing local shipyard workers to educating military and civilian personnel throughout the Department of Defense.

Today's curriculum merges the methodologies of Lean, Six Sigma and the Theory of Constraints by providing students a toolbox of resources to reduce waste, manage business processes and isolate process bottlenecks.

"CSS's trained green belts who are process owners can now strive to ensure their business practices have lean applications, and they will strive to continuously improve our business processes," said Wendi Carvalho, CSS business manager.

Lean thinking focuses on reducing waste in products and services with the desired end state of improving quality and

reducing production time and costs. Six Sigma manages process variations that cause defects with the goal of eliminating these defects. The Theory of Constraint focuses on organizations as systems with the assumption that every system has a constraint. According to Khiari Tyler, a NNSY instructor, incorporating all three gives the green belt more methods to stimulate process improvement in the workplace.

In July, CSS celebrates two years of service in Newport, following its BRAC move in 2009 from Athens, Ga. With about 98 percent

LEAN SIX, Page 14

Fleet and Family Support Center

Sponsor training available

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

NOTE: FFSC is closed for the Fourth of July holiday.

Sponsor training will be held at the Fleet and Family Support Center on Tuesday, July 12, from 1 to 2 p.m. This training is a valuable tool for individuals who will act as sponsors or department representatives selecting sponsors. Because the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate.

Sharpen your resume — The Fleet and Family Support Center is offering a workshop, Effective Resumes, on Thursday, July 14, 11:30 a.m. to 1 p.m. A resume is one of your most important tools when looking for a job.

Learn how to prepare an effective resume that will get you an interview. This workshop will cover what to include on your resume, which format to use, and other resume writing tips.

Handle your stress — The Stress Management workshop is scheduled for Thursday, July 21, from 1 to 3 p.m., at the Fleet and Family Support Center.

If you sometimes have problems coping with day-to-day situations, or just need some relief from stress on the job or at home, then this series of workshops is for you. Learn how to assess your stress level, increase stress relief skills to avoid burnout, and learn how to regain control of stressful situations.

Know your credit report — Learn about information on credit reports at the workshop, Reading Your Credit Report Fleet, at the Fleet and Family Support Center on Tuesday, July 26, 2:30 to 4 p.m.

Bring a copy of your credit report, available at www.annualcreditreport.com, to the class and find out how to read the report, understand it, and correct any errors you may find.

Ombudsman training offered — The Navy family ombudsman is a critical communication link between the commanding officer and family members.

The workshop, scheduled for Aug. 8 to 10, 9 a.m. to 4 p.m., at the Fleet and Family Support Center, provides the basic knowledge and tools necessary to be an

effective representative of the command and an advocate for family members. Call for more information or to register.

Transition Assistance Management Program (TAMP) — This seminar is designed to assist service members leaving the military to prepare for transition to civilian life and is scheduled for Aug. 8 to 12, 8 a.m. to 4 p.m., at the Morale, Welfare and Recreation conference room, building 656. Information on veterans' benefits, health care options, job-search techniques, disability claims, and much more will be offered. Spouses are encouraged to attend.

Ombudsman assembly meeting — is scheduled for Tuesday, Aug. 9, 6 to 8 p.m., at Naval Health Clinic New England, Newport, for local area command ombudsmen and their Command Support Team (CST) members.

Ombudsman participation is required and CST support is requested. For additional information or to register for this meeting, call Paul J. Salesi, FFSC Ombudsman coordinator, at FFSC.

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Information, Tickets & Travel

Spend the day in "Bean Town"

A round-trip outing is scheduled for Saturday, July 30 to Boston.

Transportation is \$15 and departs Naval Station Newport at 9 a.m. and returns around 6 p.m. Deadline to sign up is Friday, July 22.

For more information, call 841-3116.



Take ITT bus to Camden Yards

Information, Tickets and Travel office announces the annual bus trip to Camden Yards in Baltimore to see the Orioles play the Boston Red Sox. The trip runs from Monday, July 18, through Wednesday, July 20 and includes round-trip transportation plus tickets to Monday and Tuesday night games plus, two nights lodging at the Radisson Plaza Lord Baltimore Hotel.

The trip costs \$300 for double occupancy, per person and \$400 for single occupancy, per person.

Walt Disney World military deal tickets at ITT

Get four theme parks for four days for only \$135.50 each. Up to six tickets may be purchased per valid ID card and are available to active duty personnel, retirees and spouses.

Deals are for U.S. Military only. Active duty personnel, retirees and spouses may purchase up to six tickets. Six tickets in total may be purchased per service member.

Tickets must be purchased and used by Sept. 30, 2012. Blackout dates are July 4 at Magic Kingdom only, Dec. 12 through 31 at all parks, July 4, 2012 all parks and April 1 through 12, 2012 all parks. Purchase your tickets at the ITT office in building 1255.

The ITT office is open Wednesday through Friday, 10 a.m. to 6 p.m.

For information, call 841-3116.

Leisure

Aerobics/ exercise

(Gym 109, Building 109, 841-3154)

Morale, Welfare and Recreation Fitness Classes: Stop by Gym 109 and pick up the fitness schedule. There are a variety of classes including Pilates, yoga, step, cycling, Zumba and now Navy Operational Fitness & Fueling Series (NOFFS) Newport! NOFFS goes through the NOFFS card series on the new direction of Navy fitness-function. The core work is great and the agility and speed work fun!

Classes are taught at Gym 109 as early as 6 a.m. and as late as 6:30 p.m., and there are classes seven days a week. There is no need to pre-register; just show up and get fit. Free for active duty; \$1 for reservists, eligible family members, retired and \$2 for Department of Defense personnel.

Call Gym 109 at 841-3154 for more information.

Internet Café

(Building 1255, 841-2088)

Personal computers are available seven days a week to send and receive e-mail, surf the web, play games - all at no charge. Have a cup of Starbucks brand coffee at

the Coffee Shop while you're here. The café is open Monday through Friday, 9 a.m. to 8 p.m., weekends and holidays, 8 a.m. to 6 p.m.

Bowling

(Building 656, 841-4293)

The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays noon to 6 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2 shoe rental.

Birthday party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

July specials

Military Monday: Active duty military bowl for \$1 per person, per game from

LEISURE, Page 11

July 4th Picnic at the Pavilion

PICNIC BUFFET:
6pm - 9pm

FIREWORKS DISPLAY:
from Fort Adams 9pm

BUFFET DINNER
\$29 for adults
\$13 ages 5-12
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Th DJ Curfew - 10:00 to 12:45

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Bowl of Chowder & Fish & Chips \$9.99 THE BUDDY ROACH TRIO

Sa DJ Curfew - 10:00 to 12:45

Su ½ PRICE GRILLED PIZZAS 6-10 p.m.
Karaoke at 9:00 p.m. No experience necessary!

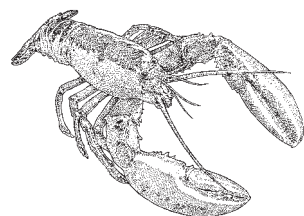
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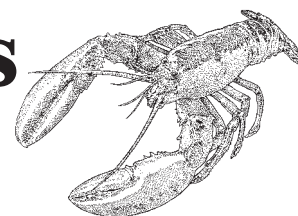


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Leisure

Continued from Page 10

11 a.m. to 5 p.m.

Take Time Tuesday: Bowl for \$1 per person, per game from 11 a.m. to 2 p.m. Xtreme bowling \$3.50 per person, per game from 5 to 8 p.m.

There is no open bowling during Tuesday nights because of league bowling. Call ahead to check availability at 841-4293.

BOGO Wednesday: Bowl one game, get one game free from 11 a.m. to 5 p.m.

3-2-1 Thursday: First game is \$3, second game is \$2, third game is \$1 from 11 a.m. to 8 p.m. All game prices are per person and must be bowled at one time to for special pricing.

\$2 Friday: Bowl for just \$2 per person, per game from 11 a.m. to 10 p.m.

Senior Sunday: Anyone 55 years old and older may bowl for just \$1 per person, per game; valid ID required.

Independence Day Monday, July 4: Celebrate Fourth of July at Seaview Lanes and bowl for just \$2 per person, per game from noon to 6 p.m.

Summer Vacation Special: Children up to 18 years old may bowl for \$1 per child, per game Monday through Friday from 11 a.m. to 4 p.m.

If you're interested in joining our summer league,

please give us a call!

Special fitness activities

(Gym 109, 841-3154)

• **Weight Lifting Essentials** will be offered Wednesday, July 13 at 5:30 p.m. Learn safe lifting techniques, proper body alignment and more essentials. For more information, call Pat Mahoney at 841-3154.

• **Training in Summer Heat**— All month long in Gym 109 you will have helpful hints about proper hydration, training in hot weather and proper clothing for warm weather training.

• **Sun Safety Tips** on

Wednesday, July 20 from 9 to 9:30 a.m. LCDR Stewart, NHCNE Newport's dermatologist, will be presenting Sun Safety tips and tricks in the Command Conference Room at NHCNE, Newport.

Liberty Center (Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays noon to 6 p.m.

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

July events

Tonight – Texas Hold'em Tournament, prizes, 6 p.m.

July 2 – Free Cookie Day, while supplies last.

July 3 – MLB The Show Tournament, prizes, 6 p.m.

July 5 – Wii Sports Tournament, prizes, 6 p.m.

July 6 – Billiards Tournament, prizes, 6 p.m.

July 7 – Guitar Hero Tournament, with prizes, 6 p.m.

July 8 – Texas Hold'em Tournament, prizes, 6 p.m.

July 9 – Six Flags New England trip, sign up at Liberty!

July 10 – MLB The Show Tournament, prizes, 6 p.m.



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Sports

NAVSTA intramural softball results

Morale, Welfare and Recreation Department Intramural Softball League standings as of June 23 follow:

PWD.....	6-0
Part Time Pirates.....	6-1
Devil Docs.....	6-1
OTC.....	5-1
Brewski Beers.....	5-2
SWOS.....	4-2
NWC.....	4-2
DH 212 SO WHAT?.....	3-2
Blue Falcons.....	4-4
NSCS.....	2-2
Velvet Hammers.....	2-4
Last Call.....	2-5
Hard Corps.....	1-3
Hard Attacks.....	1-6

Blood, Bath and Beyond.....	1-7
SWOIN Down.....	0-3
Juniper.....	0-6

Scores as of June 23

NSCS def. SWOIN Down, 20-5
 Blue Falcons def. Blood, Bath and Beyond, 13-8
 Last Call def. Hard Corps, 14-12
 Brewski Beer def. Part Time Pirates, 23-2
 PWD def. Brewski Beer, 16-1
 Hard Corps def. Juniper, 20-15
 OTC def. Blue Falcons, 27-2
 NWC def. Velvet Hammers, 24-1
 Devil Docs def. Blood, Bath and Beyond, 10-5
 Hard Attacks def. NSCS 7-0

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Naval Station Newport Dining

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Monday through Thursday, 11 a.m. to 10 p.m.
Friday, 11 a.m. to 11 p.m.
Saturday, 4 to 11 p.m.

Enlisted Club, Building 656, 841-2575
Monday through Thursday, 11 a.m. to 9 p.m.
Friday, 11 a.m. to 10 p.m.
Saturday, 4 to 11 p.m.
Sunday, 1 to 8 p.m.
and Holidays, Noon to 6 p.m.

Seaview Lanes Bowling Center Building 656, 841-4293
Monday through Thursday, 11 a.m. to 8 p.m.
Friday, 11 a.m. to 10 p.m.
Saturday, 1 to 11 p.m.
Sunday, 1 to 8 p.m.
and Holidays, noon to 6 p.m.

America's Cup Café, Building 684, 841-3420
Monday through Friday, 6:30 a.m. to 2 p.m.
Closed on weekends and federal holidays.

Clinic Café, Building 43, 841-2140
Monday through Friday, 6:45 a.m. to 1:15 p.m.
Closed on weekends and federal holidays.

Leisure Bay, Building 1255, 841-2088
Monday through Friday, 9 a.m. to 8 p.m.
(drive thru window is open 6:30 a.m. to 8 p.m.)
Weekends and holidays, 8 a.m. to 6 p.m.

Hewitt Hall Café, 841-4655 (NWC personnel only)
Monday through Thursday, 6:30 a.m. to 3 p.m.
Friday 6:30 a.m. to 2 p.m.
Closed on federal holidays.

3rd ANNUAL
BAR SHOW
Saturday, July 9
Dewey Field, 9 to 2
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Celebrate
America Concert

Saturday, July 16
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Navy Band Northeast 7 to 9 p.m.

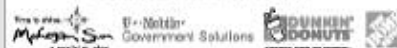
A free concert...Open to the public... Concessions & Kid's Area

Bring family, friends, lawn chairs & blankets. General public may enter Gate 1 beginning at 4 p.m.

Field opens at 4 p.m.

Coolers, backpacks, glass bottles, pets, outside food & drinks are not allowed.

Details at 841-3127



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Sun., July 3rd Lazy Dog
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Greg Kohlweiss/U.S. Navy photo

LINE PAINTERS DREAM – Mike Patterson, NAVSTA Public Works Service Call and Preventive Maintenance shop, rides the Line Lazer IV line painter across the Newport Commissary lot on Monday, redefining the parking spaces. The equipment which was purchased from Franklin Paint of Franklin, Mass.

Yoshihara

Continued from Page 6

The van Beuren chair aims to promote the teaching of the Asia-Pacific region at the college, while assisting in curriculum development, supporting faculty research, collaborating with other educational institutions and experts in Asian studies, and developing lasting relationships with academic institutions in the region. This will enhance the education of NWC students and raise the college's profile among leading institutions on Asian studies.

The Asia-Pacific region has been a primary engine for global economic growth over the past two decades, according to Yoshihara. "This unprecedented generation of national wealth has in turn spurred rapid military modernization programs, furnishing to large and smaller states alike the tools to influence events in Asia," Yoshihara said.

"The van Beuren chair," Yoshihara said, "thus reflects the growing policy demands for better understanding the trends and underlying factors that are animating [the Asia-Pacific] region."

Yoshihara demonstrates his expertise of Asia-Pacific studies in a book that he

recently co-authored with Professor James Holmes, "Red Star over the Pacific: China's Rise and the Challenge to U.S. Maritime Strategy."

Robert D. Kaplan, senior fellow at the Center for a New American Security and author of "Monsoon: The Indian Ocean and the Future of American Power" noted that "'Red Star over the Pacific' will be the go-to book on the rise of Chinese sea power."

Professor Yoshihara is a faculty member with NWC's Strategy and Policy

Department and an affiliate member of the China Maritime Studies Institute.

Previously, he was a visiting professor in the Strategy Department at the Air War College. Yoshihara has also served as an analyst at the Institute for Foreign Policy Analysis, RAND, and the American Enterprise Institute. He holds a doctorate from the Fletcher School of Law and Diplomacy, Tufts University, a master's from the School of Advanced International Studies, Johns Hopkins University, and a bachelor's from the School of Foreign Service, Georgetown University.

Ponce

Continued from Page 2

A visiting Navy ship is a long-standing tradition in Bristol. Unfortunately, the public will not be invited aboard, the ship's public affairs officer said.

The Independence Day celebration in Bristol is the oldest continuous celebration in the country.

Navy participation in this year's parade will also include Rear Adm. Robert Wray Jr., Deputy Commander, Military Sealift Command, as the Navy's Division marshal; the Navy Band Northeast's marching band, a Naval War College color guard, a U.S. Marine Corps Detachment Newport color guard, and a marching unit from Officer Candidate School, OTCN.

The 16,591 ton (fully loaded) Ponce (pronounced "PON-SAY") was commissioned in 1971 and is assigned to Commander, Amphibious Group TWO as a unit of the Naval Surface Forces, U.S. Atlantic Fleet. It is the 12th and last vessel of the Austin Class. She carries 29 officers and 487 crew.

Her mission is to embark, transport, land and support United States Marine Corps and Navy elements by sea and air, and to conduct amphibious landings or raids to secure beach heads for further prosecution of operations ashore.

Lean Six

Continued from Page 9

of the staff new to the command because of the move, CSS leadership is particularly interested in applying Lean Six Sigma principles to its business processes.

"We are working on building core organization skills within the workplace and the Lean Six Sigma training is part of our overall plan to rebuild and reshape our personnel," said Pat Mclean, CSS executive director. "Green belt training is an important skill set for our personnel; it enables them to understand the business mindset, builds team awareness and teaches skills that better enable them to manage their job responsibilities."

The students wrapped up the week with a 20-question test to evaluate their knowledge of the training received, and the instructors presented each student with a training certificate. The test and the certificate, according to the instructors, are only the beginning for these newly trained green belts.

"Next week, you should all start looking around for processes that need improvement," said Tyler, one of the two instructors. "But don't try and tackle the world."

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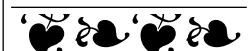
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Navy-wide news



Lisa Rama/U.S. Navy photo
Paralympic athletes and volunteers in a sit-volleyball game in Gym 109 get ready to make a return in last year's USOC Paralympic Military Sports Camp training.

NAVSTA to host Paralympians

By **LISA RAMA**
NAVSTA Public Affairs Officer

Seventy-two injured servicemen and women, including Afghanistan and Iraq War veterans, are expected to participate in the U.S. Olympic Committee Paralympic/Military Sports Camp, a three-day event designed to introduce paralympics to people with a physical disability.

The camp will open July 16 through 18, utilizing the facilities and grounds at Naval Station (NAVSTA) Newport and Sail Newport assets at Fort Adams.

The event will be run by paralympic athletes and coaches. Participants will be introduced to archery,

rowing, track and field, sailing, strength conditioning, marksmanship, sitting volleyball and swimming.

Individuals interested in volunteering should contact their unit volunteer coordinator or Navy Counselor 1st Class Zeporah Dasher e-mail: Zeporah.dasher@navy.mil

About U.S. Paralympics: U.S. Paralympics is a division of the U.S. Olympic Committee and is dedicated to becoming the world leader in the Paralympic sports movement and promoting excellence in the lives of persons with physical disabilities. For more information on U.S. Paralympics, visit www.usparalympics.org

MCPON urges safety over July 4

WASHINGTON (NNS) — Master Chief Petty Officer of the Navy Rick D. West has released the following Independence Day message to the Fleet, June 27:

"Shipmates and Navy Families,

"As many of us take some much deserved time off to

celebrate the Fourth of July, please keep in mind that many of our Sailors are deployed and can't be with their loved ones.

"I urge that you keep safety in mind during your holiday celebrations. We have already lost shipmates unnecessarily to

motor vehicle accidents and recreational activities this year.

"If you decide to drink, don't drive and have a plan to get home.

"Stay focused; stay alert; stay safe; and happy Independence Day!

"HOOYAH Warriors!"

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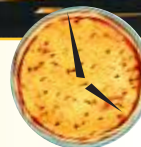
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